

OUTLINE

Part 1

- Demography of the Filipino youth
- The 2013 YAFS Study
- Basic profile of the youth
- Media exposure

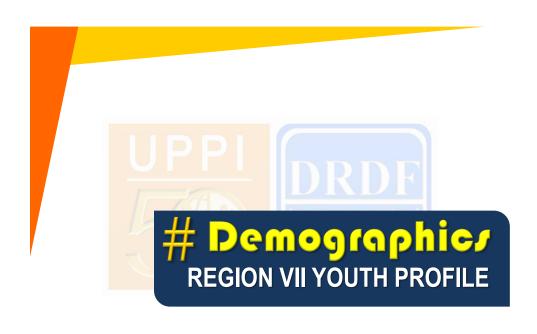
Part 2

- Nonsexual risk behaviors
- Sources of information about sex and reproduction
- Summary

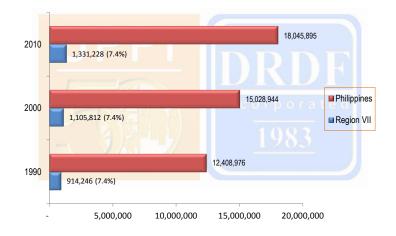
Part 3

- Sex and media
- Sexual activities
- Teenage fertility
- Knowledge of HIV
- Summary and conclusions

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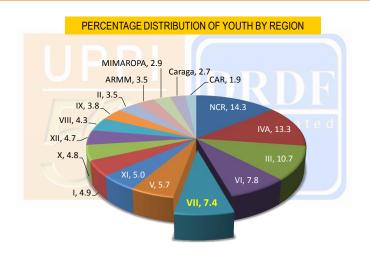
Number and percent of youth population: Philippines and Region VII



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7.4 percent of the country's youth are in Region VII

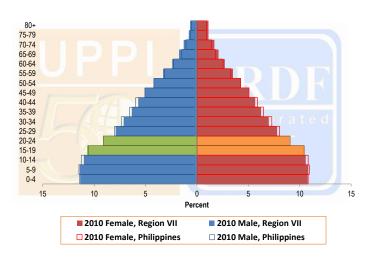


Source: 2010 Census

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Young population in Region VII and in the Philippines as a whole



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Background

- 4th in a series of nationally-representative surveys on Filipino youth 15-24 years old
- Jointly implemented by the
 - Demographic Research & Development Foundation (DRDF)
 - University of the Philippines Population Institute (UPPI)
- Funded by The Australian Government, UNFPA,
 Department of Health, Philippine Council for Health
 Research and Development (PCHRD)

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Predecessor surveys



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General objective of YAFS4

To provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations that will be useful in the design of interventions to safeguard the health and welfare of Filipino youth.

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Survey instruments

- 10 survey instruments
 - ➤ Household Form
 - ➤ 8 Individual Questionnaires for the youth respondents
 - 4 Main Questionnaires
 Single Female, Married Female, Single Male, Married Male
 - 4 Muslim Questionnaires
 Single Female, Married Female, Single Male, Married Male
 - **▶** Community Form
- All questionnaires were translated to 6 major languages

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Main questionnaire contents

Block A. Individual characteristics

Block B. Family characteristics and relationships

Block C. Self-esteem and values

Block D. School, work and community

Block E. Media

Block F. Friends and peers

Block G. Health and lifestyle

Block H. Marriage

Block I. Puberty, dating and sex

Block J. Fertility and contraception

Block K. Knowledge and attitudes towards marriage, sex and

related issues

Block L. Reproductive health

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Survey design

Sampling design: Multistage stratified random sampling

Sampling domain: Region

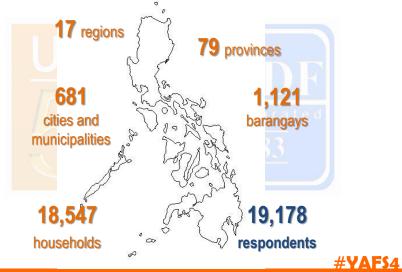
Sample size per region: About 1,000 respondents

 Respondents: 15-24 years old single and married males and females

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National coverage of YAFS4





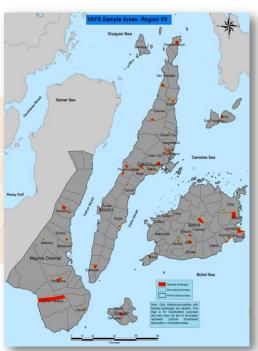
All 4 provinces

46 cities and municipalities

64 barangays

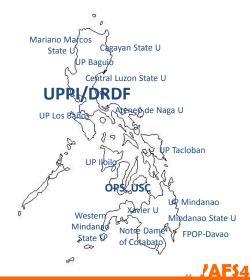
966 households

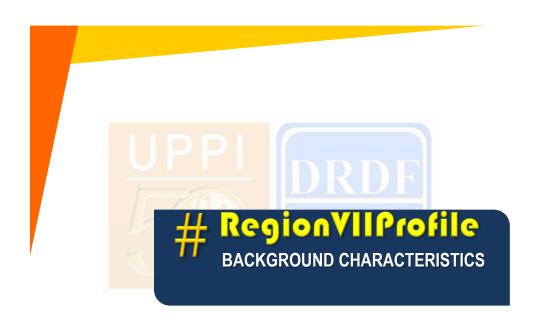
1,037 youth respondents



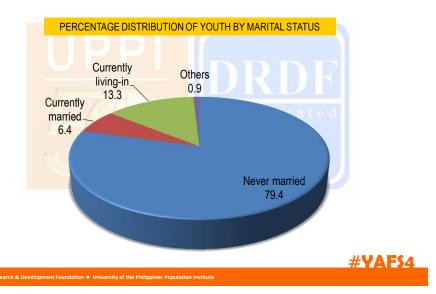
Field implementation

- Fieldwork was conducted in January to May 2013
- Regional network of research and academic institutions were involved in the data collection

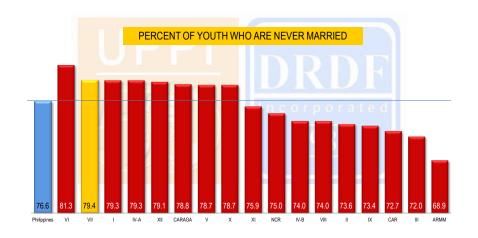




More Region VII youth are in a live-in arrangement than in a formal union



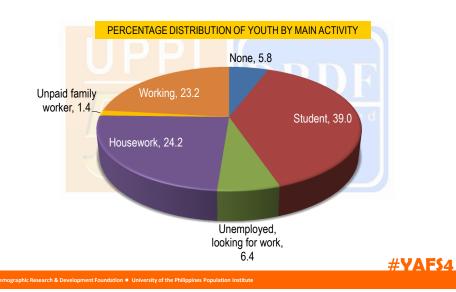
Proportion of never married youth is 2nd highest in Region VII



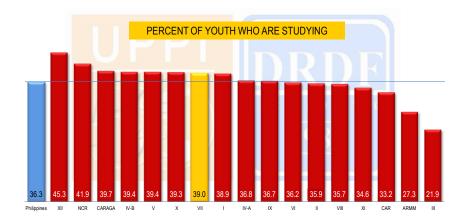
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2 in 5 youth in Region VII are students



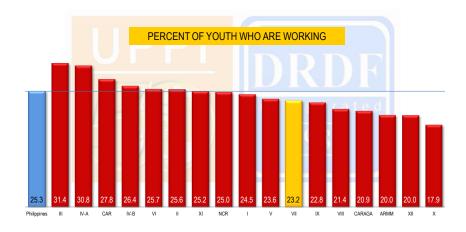
The proportion of students in the region is higher than the national level



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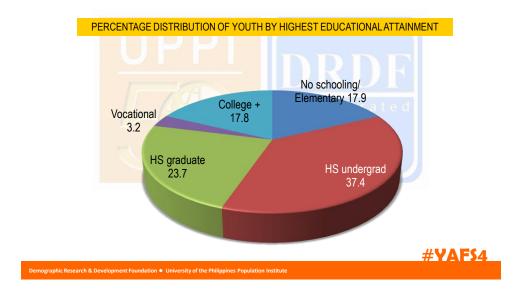
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More than 1 in 5 youth in Region VII are working

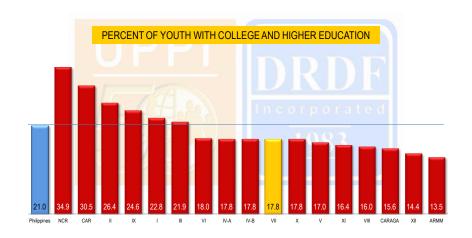


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Majority of the youth in Central Visayas have at least some high school education



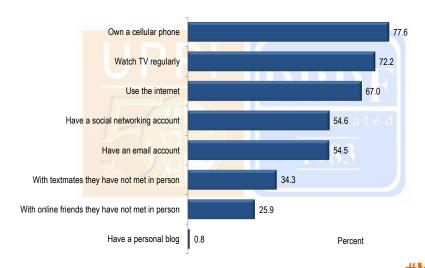
... But proportion of youth with college and higher education in Region VII is below the national level



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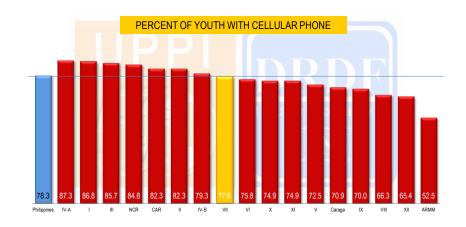
Region VII youth are digitally wired



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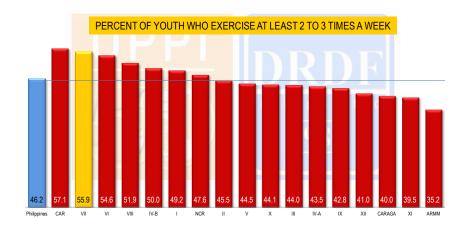
Two-thirds of Region VIII youth have cellular phones



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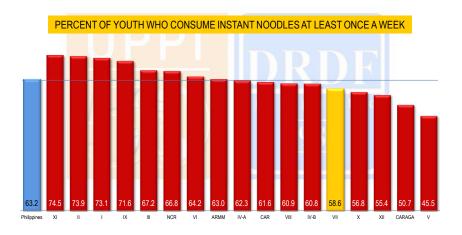
Proportion of Region VII youth who exercise at least 2 to 3 times a week is the 2nd highest in the country



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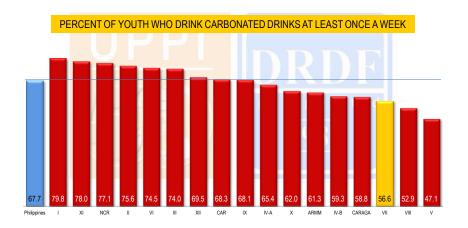
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Nearly 3 in 5 Region VII youth consume instant noodles at least once a week



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Level of drinking carbonated drinks is 3rd lowest among Region VII youth



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SUMMARY

Profile of Region VII youth

- 75% never married, 6.4 percent are formally married and
 13.3 percent are in a live-in arrangement
- Almost 2 in 5 youth are students; 25 % each are working or doing housework
- The percentage of youth who reached high school level education is relatively high but the percentage who reached college level is lower than the national level

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SUMMARY

Media exposure of Region VII youth

Very high use of new information technology

Health and lifestyle of Region VII youth

- 56% exercise at least 2-3 times a week, the 2nd highest in the country
- Consumption of noodles or carbonated drinks per week is relatively low compared with other regions.

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